



Fortebraccio
HOTEL

SPA BEAUTY
FORTEBRACCIO

RELAX, COLLECT, GET AWAY FROM YOU ANY OTHER
THOUGHT.
LET THE WORLD AROUND YOU FADE INTO INDISTINCT

(Italo Calvino)



The spa path begins with an emotional shower which refreshes the body and prepares it for the alternation of hot and cold.

It's time to enter the Turkish Bath. The temperature is between 35° and 50° with a humidity between 90 and 100%. The steam bath helps to eliminate toxins and stimulate blood circulation. The result is a total relaxation effect.

Another emotional shower is recommended to cool the body.

We are ready to enter the Finnish Sauna. Being covered with wood, it reaches higher temperatures than the Turkish bath. It reaches between 80 and 90 degrees and the humidity does not exceed 20%. This condition leads to intense sweating and therefore a long stay is not recommended. The benefits of sauna are the elimination of toxins, heavy metals from balls and calories.

To complete the route you enter the Jacuzzi you reach complete relaxation thanks to the water temperature of 30 degrees and the massage generated by bubbles.



Spa Beauty Fortebraccio is open every day from 9.00 to
20.00

The entrance is exclusive for the couple and lasts 60
minutes and includes access to the hot tub, sauna,
Turkish bath, emotional shower and tea corner.

The rate is 25€ per person.
Reservation required.



OUR TREATMENTS

RELAX MASSAGE

80€

Useful to relieve the nervous tension accumulated during the day. Taking time for yourself affects your mental and physical well-being and mood.

60 min.

DECONTRACTING BACK & NECK MASSAGE

55€

The decontracting massage aims to reduce tension and stiffness of muscles. This releases the muscle fibers, which become more flexible.

30 min

LIGHT LEGS

80€

It is a treatment that takes care of your legs that feel heavy, swollen and tired. Whether you're standing or sitting all day, your legs need to feel lighter and be helped to bring you joy wherever you want.*

60 min

AROMA THERAPY AND ESSENTIAL OILS

80€

The beneficial properties of essential oils and aromas promote a state of absolute relaxation for mind and body.

60 min



OUR TREATMENS

ANTI-CELLULITE DRAINING & WOOD LIPORIDUCENTE 80€

Days spent in the office, drinking little water, a not always correct diet are cause of water retention and accumulation of cellulite. This massage helps to improve your legs.

60 min

FOR MAN 80€

A massage dedicated specifically to men, relaxing and regenerating.

60 min

TOTAL BODY DECONTRACTING MASSAGE 80€

Massage consists of a gradual manipulation of the body to stimulate its different parts, one at a time. Start from the feet and climb slowly along the legs, back, arms, shoulders and finally neck and head.

60 min

SPORT MASSAGE 80€

Ideal after a tour with the e-bike or after a physical activity session. Reduces muscle tension, reduces anxiety and improves mood, stimulates local microcirculation, decongests and relaxes tissues.

60 min



SPA BEAUTY FORTEBRACCIO ADVISES...

SWEDISH MASSAGE 80€

Complete treatment that reduces stress, nervousness and anxiety; tones the muscles, releases tensions. It has a decontracturing and toning effect on the muscles; reduces muscle and joint pain; improves the appearance of the skin; promotes the elimination of excess fluid; anti-cellulite effect; promotes lymphatic and blood circulation; Promotes the elimination of toxins.

60 min

ABYANGAM AYURVEDIC MASSAGE 80€

Ayurvedic massage improves blood and lymphatic circulation, has a beneficial effect on the spine, tones the muscles, positively influences the psychological state of the person. It acts on the hormonal levels, facilitates the elimination of toxins, relieves tension and related disorders: anxiety, nervousness, insomnia, migraine, fatigue, difficult digestion.

60 min

CALIFORNIAN MASSAGE 80€

Complete treatment whose purpose is to put in harmony and balance body and mind. The Californian massage is a gentle treatment, very careful and respectful of the body, its energy channels and its physiognomy. It is carried out with long, fluid and integrative movements that start with a gentle contact until the deepening of the tissues.

60 min

CUPPING MASSAGE 80€

Cupping Massage is an optimized massage technique using silicone cups. It is a deep and localized massage, anti-cellulite, draining and firming. It is recommended on areas strongly contracted, fights migraine.

60 min